

## Allergen Guide: How to read this document

This table contains information on menu items and common allergens. For pasta bowls, make sure to check the allergens for both the pasta type and the sauce. Please note that we cannot guarantee any menu item to be completely free of allergens because we use shared equipment and prepare food in a facility that processes most of the common allergens. For a list of ingredients for each item, please visit [duecucina.com/menu](https://duecucina.com/menu).

| Items                                | Vegetarian | Vegan                       | Dairy-free**                | Gluten-free*                    | Nut-free                     | Soy-free | Egg-free | Alcohol-free | Sesame-free | Citrus-free | Garlic-free | Onion-free | Pregnancy safe | Notes  |
|--------------------------------------|------------|-----------------------------|-----------------------------|---------------------------------|------------------------------|----------|----------|--------------|-------------|-------------|-------------|------------|----------------|--|
| <b>FRESH PASTA SHAPES</b>            |            |                             |                             |                                 |                              |          |          |              |             |             |             |            |                |  |
| Classic Pasta                        | yes        | yes                         | yes                         | no                              | yes                          | yes      | yes      | yes          | yes         | yes         | yes         | yes        | yes            |  |
| High-Protein Gluten-Free Pasta       | yes        | yes                         | yes                         | yes                             | yes                          | no       | yes      | yes          | yes         | yes         | yes         | yes        | yes            |  |
| Egg-dough Pasta                      | yes        | yes                         | yes                         | no                              | yes                          | yes      | no       | yes          | yes         | yes         | yes         | yes        | yes            |  |
| <b>PASTA SAUCES</b>                  |            |                             |                             |                                 |                              |          |          |              |             |             |             |            |                |  |
| Kid White sauce                      | yes        | on request (only olive oil) | on request (only olive oil) | yes                             | yes                          | yes      | yes      | yes          | yes         | yes         | no          | yes        | yes            |  |
| Kid Red sauce                        | yes        | on request (only pomodoro)  | on request (only pomodoro)  | yes                             | yes                          | yes      | yes      | yes          | yes         | yes         | no          | no         | yes            |  |
| Aglio & Olio sauce                   | yes        | yes                         | yes                         | on request (remove breadcrumbs) | yes                          | yes      | yes      | yes          | yes         | yes         | no          | yes        | yes            | Toppings removable on request: Capers, Breadcrumbs                     |
| Smoked Salmon sauce                  | no         | no                          | no                          | no                              | on request (remove pinenuts) | yes      | yes      | no           | no          | yes         | yes         | no         | yes            | Toppings removable on request: Spinach, Capers, Pinenuts, Sesame seeds |
| Traditional Bolognese sauce          | no         | no                          | no                          | yes                             | yes                          | yes      | yes      | no           | yes         | yes         | no          | no         | yes            | Toppings removable on request: Parmigiano cheese                       |
| Cacio & Pepe sauce                   | yes        | no                          | no                          | yes                             | yes                          | yes      | yes      | yes          | yes         | yes         | yes         | yes        | yes            |  |
| Amatriciana sauce                    | no         | no                          | on request (remove cheese)  | yes                             | yes                          | yes      | yes      | no           | yes         | yes         | no          | no         | yes            |  |
| Kale Pesto sauce                     | yes        | no                          | no                          | yes                             | no                           | yes      | yes      | no           | yes         | no          | no          | yes        | yes            | Toppings removable on request: Smoked Ricotta cheese                   |
| Pomodoro sauce                       | yes        | on request (remove cheese)  | on request (remove cheese)  | yes                             | yes                          | yes      | yes      | yes          | yes         | yes         | no          | no         | yes            | Toppings removable on request: Salted Ricotta cheese                   |
| Mushroom and White Truffle Oil sauce | yes        | no                          | no                          | no                              | yes                          | yes      | yes      | no           | yes         | yes         | no          | yes        | yes            | Toppings removable on request: Pecorino cheese                         |
| Carbonara sauce                      | no         | no                          | no                          | yes                             | yes                          | yes      | no       | yes          | yes         | yes         | yes         | yes        | yes            | This recipe follows a pasturization process.                           |
| Short Ribs sauce                     | no         | no                          | on request (remove cheese)  | yes                             | yes                          | yes      | yes      | no           | yes         | yes         | no          | no         | yes            |  |
| Polpette sauce                       | no         | no                          | no                          | no                              | yes                          | yes      | no       | no           | yes         | yes         | no          | no         | yes            |  |
| Arra'nduja                           | no         | no                          | yes                         | on request (remove breadcrumbs) | yes                          | yes      | yes      | no           | yes         | yes         | no          | no         | yes            |  |
| Alla Caponata                        | yes        | yes                         | yes                         | on request (remove breadcrumbs) | on request (remove pinenuts) | yes      | yes      | yes          | yes         | yes         | no          | no         | yes            |  |

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\*\*All our cheeses are pasturized. Parmigiano Reggiano is naturally lactose free due to its traditional manufacturing process (less than 0.01g / 100g galactose).  
 Parmigiano Reggiano, Pecorino Romano and Caciocavallo cheese contain animal rennets.

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|------------------------------------|------------|----------------------------|----------------------------|-------------------------------|--------------------------------|----------------------|----------|-----------------------|-------------|-------------|-------------|------------|------------------------|---|
| <b>ADD ONS</b>                     |            |                            |                            |                               |                                |                      |          |                       |             |             |             |            |                        |   |
| Homemade Pork Sausage              | no         | no                         | yes                        | yes                           | yes                            | yes                  | yes      | no                    | yes         | yes         | no          | yes        | yes                    |   |
| Crunchy Tofu                       | yes        | yes                        | yes                        | yes                           | yes                            | no                   | yes      | yes                   | yes         | yes         | yes         | yes        | yes                    |   |
| House-cured Guanciale (pork cheek) | no         | no                         | yes                        | yes                           | yes                            | yes                  | yes      | no                    | yes         | yes         | no          | yes        | yes                    |   |
| Chicken Meatballs                  | no         | no                         | no                         | no                            | yes                            | yes                  | no       | yes                   | yes         | no          | no          | no         | yes                    |   |
| Sourdough Focaccia                 | yes        | yes                        | yes                        | no                            | yes                            | yes                  | yes      | yes                   | yes         | yes         | yes         | yes        | yes                    |   |
| Calabrian Chili Paste              | yes        | yes                        | yes                        | yes                           | yes                            | yes                  | yes      | yes                   | yes         | yes         | yes         | yes        | yes                    |   |
| <b>OTHER ENTREES</b>               |            |                            |                            |                               |                                |                      |          |                       | yes         |             |             |            |                        |   |
| Rustic Porchetta Sandwich          | no         | no                         | yes                        | no                            | yes                            | yes                  | yes      | yes                   | yes         | yes         | no          | no         | yes                    |   |
| Lasagna Bolognese                  | no         | no                         | no                         | no                            | yes                            | yes                  | no       | no                    | yes         | yes         | no          | no         | yes                    | Toppings removable on request: Parmigiano cheese      |
| Eggplant Parmigiana                | yes        | no                         | no                         | yes                           | yes                            | yes                  | yes      | yes                   | yes         | yes         | no          | no         | yes                    |   |
| Pumpkin Ravioli                    | yes        | no                         | no                         | no                            | yes                            | yes                  | no       | yes                   | yes         | yes         | yes         | yes        | yes                    |   |
| <b>APPETIZERS, SIDES, SALADS</b>   |            |                            |                            |                               |                                |                      |          |                       |             |             |             |            |                        |   |
| Suppli Al Telefono                 | yes        | no                         | no                         | no                            | yes                            | yes                  | yes      | yes                   | yes         | yes         | no          | no         | yes                    | Toppings removable on request: Balsamic reduction     |
| Burrata Tricolore                  | yes        | no                         | no                         | yes                           | yes                            | yes                  | yes      | No (balsamic vinegar) | yes         | yes         | no          | no         | yes                    | Toppings removable on request: Balsamic reduction     |
| Wings Alla Cacciatora              | no         | no                         | no                         | yes                           | yes                            | yes                  | yes      | no                    | yes         | yes         |             |            | yes                    |   |
| Caponata                           | yes        | yes                        | yes                        | yes (but comes with focaccia) | no                             | yes                  | yes      | No (vinegar)          | yes         | yes         | no          | no         | yes                    |   |
| Side Salad                         | yes        | on request (remove cheese) | on request (remove cheese) | yes                           | yes                            | yes                  | yes      | No (balsamic vinegar) | yes         | yes         | yes         | yes        | yes                    | Toppings removable on request: Ricotta cheese, Olives |
| Marinated Eggplant Salad           | yes        | on request (remove cheese) | on request (remove cheese) | yes                           | yes                            | yes                  | yes      | No (balsamic vinegar) | yes         | yes         | no          | no         | yes                    | Toppings removable on request: Ricotta cheese         |
| <b>DESSERTS</b>                    |            |                            |                            |                               |                                |                      |          |                       |             |             |             |            |                        |   |
| Torta Della Nonna                  | yes        | no                         | no                         | no                            | no (pine nuts)                 | yes                  | no       | yes                   | yes         | no          | yes         | yes        | yes                    |   |
| Cannolo Siciliano                  | yes        | no                         | no                         | no                            | on request (remove pistachios) | yes                  | no       | yes                   | yes         | no          | yes         | yes        | yes                    |   |
| Tiramisu                           | yes        | no                         | no                         | no                            | might contain traces           | might contain traces | no       | no                    | yes         | yes         | yes         | yes        | no (eggs not tempered) |   |

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